

TEENS WITH TREATMENT-RESISTANT DEPRESSION MORE LIKELY TO GET BETTER WITH SWITCH TO COMBINATION THERAPY

Teens with difficult-to-treat depression who do not respond to a first antidepressant medication are more likely to get well if they switch to another antidepressant medication and add psychotherapy rather than just switching to another antidepressant, according to a large, multi-site trial funded by the National Institutes of Health's National Institute of Mental Health (NIMH). The results of the Treatment of SSRI-resistant Depression in Adolescents (TORDIA) trial were published February 27, 2008, in the Journal of the American Medical Association (JAMA).

Full press release available: <http://www.nimh.nih.gov/science-news/2008/teens-with-treatment-resistant-depression-more-likely-to-get-better-with-switch-to-combination-therapy.shtml>

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