

Oct. 3rd Professional Seminar:
Quantity of Life, Quality of Life:
Promoting "Growth Stocks" in
Mental Health Care



WHO WE ARE

In 1997, **Arizona Foundation for Behavioral Health (AFBH)**, a private nonprofit agency, was established. Since its inception, AFBH has awarded over one million dollars in grants that promote and enhance behavioral health and the well-being of residents of Arizona. In 2006, the Board of Directors decided to emphasize research, joint ventures, and technical assistance to community-based providers to ensure that consumers and their families in Arizona's behavioral health system receive the highest quality of care.

OUR MISSION

The Arizona Foundation for Behavioral Health (AFBH) promotes and enhances behavioral health and the well-being of Arizona residents by:

- Funding ongoing and innovative projects that develop new services or improve their delivery and
- Supporting studies that produce long-lasting benefits

SPONSORS FOR THIS EVENT

Arizona Foundation for Behavioral Health
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NAMI Arizona
Arizona Public Service

The Arizona Foundation for Behavioral Health is a 501(c)(3) nonprofit, charitable organization. Donations are tax-deductible to the full extent of the law.

Maricopa Integrated Health System is accredited by the Accreditation Council for continuing Medical Education to provide continuing medical education for physicians. Maricopa Integrated Health System designates this educational activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NAMI Arizona is a membership organization of persons of all ages who are affected by mental illnesses. We are the parents, children, spouses, siblings, friends of and persons with mental illness.



Maricopa Integrated Health System



NAMI Arizona

National Alliance on Mental Illness-Arizona

Present

A Professional Training Seminar

**Quantity of Life, Quality of Life:
Promoting "Growth Stocks" in
Mental Health Care**

Ken Duckworth, M.D.

Medical Director

National Alliance on Mental Illness (NAMI)

and

Chris Carson, M.D.

Medical Director

Magellan Health Services of Arizona

Wednesday, October 3, 2007

7:30 – 11:30 AM

The Irish Cultural Center

1106 N. Central Ave.

Phoenix, AZ 85004

Parking Available

Program

- 7:30 AM *Registration & Continental Breakfast*
- 8:00 AM *Welcome & Introductions*
- 8:10 AM *Quantity of Life, Quality of Life: Promoting "Growth Stocks" in Mental Health Care*, Ken Duckworth, M.D., Medical Director, NAMI
- 9:30 AM *Refreshment Break*
- 9:45 AM *Response*, Chris Carson, M.D., Medical Director, Magellan Health Services of Arizona
- 10:30 AM *Dialogue between Presenters*
Drs. Duckworth and Carson
- 11:00 AM *Questions & Answers*

Educational Objectives

Topics to be covered:

- Recognize & describe models & data that impact premature morbidity & mortality for persons with serious mental illness;
- Identify the underlying risk factors that contribute to premature morbidity & mortality;
- Discuss model programs that reduce risks;
- Evaluate the findings of the major NIMH studies for clinical & policy work;
- Discuss & assess new emerging best practices models such as restraint reduction, jail diversion, crisis intervention; dedicated funding streams; &
- Evaluate the impact that major national policy & funding trends have upon individuals with serious mental illness.

Research-based objectives to be covered:

- Assess the current state of the art in terms of models and data related to persons with serious mental illnesses (NIMH, CATIE STEP-BD, STAR-D, TADS);
- Recognize underlying risk factors that contribute; and
- Identify model programs to reduce these risks (CBT, DBT), integrated health care, culture change.

Additional Accreditation

AFBH has submitted an application for credit to the National Association of Social Workers.

About Our Presenters

Ken Duckworth, M.D., is the Medical Director of the National Alliance on Mental Illness (NAMI) and the Medical Director of the Vinfen Corporation, a non-profit human services organization in Cambridge, MA.

Dr. Duckworth has held many clinical positions and leadership roles throughout his career. He is triple board certified in adult, child and adolescent, and forensic psychiatry, a Distinguished Fellow of the American Psychiatric Association, and Assistant Professor of Psychiatry at Harvard Medical School. He also teaches at Boston University's School of Public Health.

While Medical Director of the Massachusetts Department of Mental Health, Dr. Duckworth worked to reduce the use of restraint and seclusion in Massachusetts hospitals, implemented a clinical approach to medication cost challenges, and supervised the first study on early mortality of public mental health clients. The early mortality study led him to develop the nationally acclaimed NAMI educational program, *Hearts and Minds*, promoting lifestyle changes that help reduce the risk of type II diabetes, heart disease, and related conditions. Dr. Duckworth recently co-authored NAMI's 2006 *Grading the States*, a state-by-state analysis of the quality of the US public mental health system.

Dr. Duckworth is a member of the National Coordinating Council of the Standards for Bipolar Excellence Project; a member of the Steering Committee of the NIMH Bipolar Disorder Trials Network; and a member of the national board of the American Association of Community Psychiatrists. Dr. Duckworth was Acting Commissioner of the Mass. Dept. of Mental Health and Medical Director of the Mass. Mental Health Center for five years.

He has received numerous awards and honors for clinical excellence and has written papers on a variety of psychiatric issues. Dr. Duckworth is also a NAMI family member.

Chris Carson, M.D. is the Chief Medical Officer at Magellan Health Services of Arizona, the Regional Behavioral Health Authority (RBHA) for Maricopa County and is Board Certified in Psychiatry. At Magellan, he is responsible for the performance standards of all clinical positions. He is also responsible for ensuring the delivery of quality, cost effective care and accountable for the effective management of clinical policies, procedures, and best practices. The President's New Freedom Report shaped his goals and fired his passion for the RBHA to promote evidence-based practice, decrease fragmented care, improve client outcomes, and transform the system so that providers are empowered to treat, consumers are given choice over their care, and recovery is expected.

Dr. Carson's primary area of clinical interest is Emergency Psychiatry. He ran the psychiatric emergency room at John Peter Smith Hospital, a county facility in Fort Worth, TX; started up a Dallas "front door" Crisis Center serving seven North Texas counties; and helped design the current Urgent Care Center in Maricopa County after the Dallas ER model. He was also the Pharmacy Medical Director for the ValueOptions Arizona Service Center and the Chief Medical Officer for ValueOptions in New Mexico.

Dr. Carson administered his own private practice for 10 years, employing nine doctors. He is a Native Arizonan and graduated from the University of Oklahoma Medical School.

Registration Form

Quantity of Life, Quality of Life
Ken Duckworth, MD

Name: _____

Address: _____

City/State: _____

Zip Code: _____

Phone: _____

E-Mail: _____

Title: _____

I request Continuing Education Units for:

(Name of Discipline)

Registration Fee: \$50.00

I enclose a check in the amount of \$50.00 made payable to **AFBH**

I wish to make a tax-deductible donation in the amount of \$ _____ to support the Mission of **AFBH**.

Mail registration form and check to:

AFBH
1406 N. 2nd St.
Phoenix, AZ 85004

Register online: www.afbh.org; select "AM Ticket"

Questions: Contact Eddie Sissons
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